

<b>Ingredients</b>	<b>per tablet</b>	<b>% NRV*</b>
Vitamin A (RE) (50% as beta-carotene)	800 µg	100%
Vitamin D	5 µg	100%
Vitamin E (α-TE)	26.8 mg	223%
Vitamin C	120 mg	150%
Vitamin K	25 µg	33%
Thiamine	4.2 mg	382%
Riboflavin	4.8 mg	343%
Niacin (NE)	36 mg	225%
Vitamin B6	6 mg	429%
Folic acid	400 µg	200%
Vitamin B12	18 µg	720%
Biotin	40 µg	80%
Pantothenic acid	10 mg	167%
Iron	14 mg	100%
Zinc	7.5 mg	75%
Copper	700 µg	70%
Manganese	4 mg	200%
Selenium	70 µg	127%
Chromium	120 µg	300%
Molybdenum	75 µg	150%
Iodine	150 µg	100%
Ginkgo biloba extract	60 mg	**
Ginseng extract	50 mg	***

\*NRV: Reference value as specified in the EU Food Information Directive.

\*\* No recommendation available

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