

Centrum Kids Multigummies Orange and Mixed Berry

Ingredient	Composition per 1 gummy	% NRV per 1 gummy*
Biotin (Vitamin B7)	12ug	24.00%
Iodine	50ug	33.33%
Niacin (Vitamin B3)	8mg	50.00%
Pyridoxine (Vitamin B6)	0.8mg	57.14%
Vitamin A	330ug	41.25%
Vitamin B12	1ug	40.00%
Vitamin C	40mg	50.00%
Vitamin D	5ug	100.00%
Vitamin E	5mg	41.67%
Zinc	2.8mg	28.00%

*NRV: Nutritional Reference Value specified in the Food Information Directive